# GUIDE TO FUN & ADVENTURE WEEKLY ACTIVITIES - June 19-25, 2017

Mon, Jun 19	Tues, Jun 20	Wed, Jun 21	Th	urs, Jun 22	F	iri, Jun 23	S	at, Jun 24	Sun, Jun 25
6a-8p Daily Buzz Brainteasers Grab & Go	6a-8p Daily Buzz Brainteasers Grab & Go	6a-8p Daily Buzz Brainteasers Grab & Go	6a-8p	Daily Buzz Brainteasers Grab & Go	6a-8p	Daily Buzz Brainteasers Grab & Go	6a-8p	Daily Buzz Brainteasers Grab & Go	6a-8p Daily Buzz Brainteasers Grab & Go
8:30a Aqua Fitness Main Pool	11a Pool Yoga Main Pool	8:30a Morning Stretch Elements Wellness Center	8a	Yoga Elements Wellness Center		Aqua Fitness Main Pool	7a	Southwest Trekking Guided Hike <i>Meet in Lobby</i>	8:30a Elements Desert Family Hike
<ul><li>11a Poolside Games</li><li>1p Poolside Games</li></ul>	11aPoolside Games1pPoolside Games	10a Zumba Elements Wellness Center	9a	Zumba Elements Wellness Center	11a 12p	Poolside Games Pool Yoga <i>Main Pool</i>	8:30a	Yoga Elements Wellness Center	9-1p El Con Kids Club* 9:30a Tucson Petting Zoo Sundance Lawn
4-6p Colibri Social Hour* 6p Yin Yoga Elements Wellness Center	<ul> <li>3p Yin Yoga Elements Wellness Center</li> <li>4p Core Strength Yoga Elements Wellness</li> </ul>	<ul> <li>11a Hatha Yoga Elements Wellness Center</li> <li>11a Poolside Games</li> </ul>	11a 12p	Poolside Games Pilates Elements Wellness Center	1p 2p	Poolside Games Pilates Elements Wellness Center	· ·	El Con Kids Club* Zumba Elements Wellness Center	11-3p Poolside DJ & Games
7p Walking Meditation Elements Wellness Center	Center 4-6p Colibri Social Hour* 6p Native Flute with Larry Redhouse Main Courtyard	<ul> <li>12p Yoga for Relaxation Elements Wellness Center</li> <li>1p Poolside Games</li> <li>4-6p Colibri Social Hour*</li> <li>6p Native Flute with Larry Redhouse Main Courtyard</li> </ul>	1р 4-6р 6р	Poolside Games Colibri Social Hour* Native Flute with Larry Redhouse <i>Main Courtyard</i>	бр 5-9р	Poolside Games Poolside Taco Bar* Colibri Social Hour* Native Flute with Larry Redhouse Main Courtyard El Con Kids Club* Live Music: Pianist Sly Slipetsky Colibri Lounge		Bingo Main Pool Sungazing Main Courtyard Poolside DJ & Games Cookie Baking* See Concierge for reservations and details Poolside Taco Bar*	
		Featured Artist of the Robert Carnal	Montl	h		S'mores* Desert Springs Dive-In Movie: Secret Life of Pets	4-6p 6p	Colibri Social Hour* Native Flute with Larry Redhouse Main Courtyard	
		Robert's work can be see located just down the ma Lounge, open 9am to 9pr working around the reso	ain hall m daily rt throu	from the Tech . Look for him ughout the month.	nces		6-9p 7-8p Dusk 8-10p	Desert Springs	
		All activities may be affected by weather and other unforeseen circumstances. The Hilton Tucson El Conquistador reserves the right to change or cancel any scheduled event without notice.					0 200	Main Courtyard	Hilton

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TUCSON EL CONQUISTADOR GOLF & TENNIS RESORT

## Resort Diving

**Sundance Café** – Serving casual American cuisine for breakfast and lunch.

Open daily 6am-1:30pm

#### Epazote Kitchen & Cocktails -

Whether you're a seasoned connoisseur of Southwest cuisine, or a curious adventurer, you'll be treated to a fresh, inspiring experience every time you walk through our doors.

Open nightly 5-10pm

**Colibri Lobby Lounge –** Sip on one of our signature cocktails while enjoying a selection of gastropub favorites.

Open daily 10am-midnight

Social Hour daily 4-6pm

**Desert Springs Bar & Grill –** Enjoy your favorite beverage and relaxed poolside dining.

Open daily 11am-5pm

#### Cookie Baking with the Chef -

Children 6 & up can join our pastry team in the kitchen to make treats the whole family can enjoy! Reservations and closedtoe shoes required.

See Concierge for details

**Grab & Go** – For a morning Starbucks, breakfast sandwich or anytime salad or sandwich, try our new lobby outlet for a quick bite, snack or beverage. Wine and beer also available.

Open daily 6am-8pm

**In-Room Dining** – Unwind, relax and enjoy a meal in the comfort and privacy of your room. Available daily 6am-11pm

## Resort Pools

**Desert Springs Oasis –** With our mild Tucson weather, you can enjoy our Desert Springs Oasis any time of year.

**Daily Hours:** 

Main Pool 8am-10pm

Hot & Cold Springs 8am-10pm

Slide Rock 9am-5pm

Shallow Springs 9am-5pm

Acacia Pool – Offering a serene retreat from the hustle and bustle of the outside world, our adultsonly Acacia Pool offers a quiet, scenic area for guests to relax and unwind.

Open daily 8am-10pm

Well-Being

#### **Elements Wellness Center**

**Spa Treatments** – Relax and rejuvenate at the Spa and Fitness Center at Elements Wellness Center. Call the spa desk to make a reservation or to inquire about spa treatments and seasonal specials. Offerings include massages, body treatments and energy treatments.

Open daily 8am-7pm

*Call ext.* 1260 *for more information or to book an appointment.* 

### Daily Window to Wellness -

Enjoy our many fitness classes to get you started or to continue on a journey to wellness.

Complimentary with resort fee. Children ages 16-18 years may participate with parental permission; children under age 16 must be accompanied by a parent or guardian. Please remember to bring water, wear a hat and sunscreen and wear appropriate shoes.

**Fitness Center** – Our state of the art fitness center includes weights and cardio equipment. The fitness center is located in Elements Wellness Center.

*Open daily 24 hours with room key; complimentary with resort fee.* 

## Recreation

**Bike Rentals** – Bicycles are available for use for 1 or 2 hours during Elements Wellness Center hours starting at 8am. Last available rental time is 5pm, for return by 7pm.

2-hour rental complimentary with resort fee.

**Hiking** – Miles of paths take you through the beautiful high-desert landscape. Plus, there are hiking trails that enter the adjacent national forest.

See Concierge for maps

Horseback Riding – Enjoy the fresh mountain air and get a real taste of the old West with a trail ride from El Conquistador's newest adventure! With an 18-horse stable located on property, you're just a stroll away from a memorable activity you'll be talking about forever.

*Call 520.989.1219 to book your ride or lesson.* 

**Kids Club** – Half day, full day or by the hour, our team has endless activities for guests ages 4-12.

Call 520.544.1186 for details.

